

# **SNOHOMISH COUNTY DEVELOPMENTAL DISABILITIES**



# **RESOURCE GUIDE**



**2019**

**Resources and contact information for over 300 agencies**



Publications Created By

**Snohomish County Human Services Developmental Disabilities**

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For copies of resource book or to make comments/ suggestions

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Publication available on Snohomish County website:

[www.snohomishcountywa.gov/dd](http://www.snohomishcountywa.gov/dd)

*This book contains information regarding public, private and nonprofit agencies.  
Inclusion in this directory does not constitute endorsement, nor is any omission an intention*



**Snohomish County**  
**Human Services**

(425) 388-7200  
FAX (425) 259-1444  
M/S 305  
3000 Rockefeller Avenue  
Everett, WA 98201-4046

Dear Fellow Residents,

Welcome to the Snohomish County Developmental Disabilities Resource Books, designed to provide you with helpful information that can shape and improve your quality of life.

Individually, each booklet in the four book series provides a wealth of information. Collectively they create an opportunity for making the most of services offered by the Snohomish County Human Services as well as connections to programs offered by other organizations and non-profit service providers within the area.

The topics in the series are:

- **Community Plan** - Current issues and efforts being made to improve the quality of life for individuals with developmental disabilities and their families.
- **Resource Guide** - Description and contact information for more than 300 resources.
- **Building a Successful Future** - Information to help you understand community resources and plan for your future.
- **Career Path Services Guide to Employment** Supports for individuals interested in working and contributing in their community.

Together we can make Snohomish County a better place to live, work and play. Thank you for letting us do our part.

Sincerely,

Mary Jane Brell Vujovic  
Director Human Services  
[maryjane.brell@snoco.org](mailto:maryjane.brell@snoco.org)



# **The Snohomish County Mission Statement and Governing Principles**

The Mission Statement and the Governing Principles were developed in conjunction with the Citizen Advisory Board and serve as a guide to Snohomish County Developmental Disabilities in the development of public policy, supports and services.

## **Mission Statement**

**We foster inclusive communities that support people with developmental disabilities to achieve a full life through participation and contributions to all aspects of community life**

## **Governing Principles**

### **Individualized Supports**

Design and develop support to meet the specific needs and goals of each individual.

### **Choice**

Create opportunities for individuals to have choices in their community and support individuals in advocating for themselves.

### **Community**

Promote community-based options.

### **Inclusion and Contribution**

Promote inclusive/diverse communities so that people have opportunities to achieve meaningful and purposeful lives.

### **Access**

Promote individual and community accessibility.

### **Diversity**

Promote culturally relevant supports, while respecting and supporting individuals' uniqueness and diversity.

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# ACCESSIBILITY

**Accessible Playground** A website which includes a directory and resources related to accessible playgrounds. [www.accessibleplayground.net](http://www.accessibleplayground.net)

**American Trails** Provides information on how ADA affects trails and greenways. Learn about accessible trail and greenway designs, training opportunities, legal issues and federal guidelines. [www.americantrails.org/resources/accessible/index.html](http://www.americantrails.org/resources/accessible/index.html)

**Beneficial Design** The universal trail assessment process documents actual conditions in outdoor, natural environments. <http://www.beneficialdesigns.com/>

**Job Accommodation Network** Provides free, expert, and confidential guidance on workplace accommodations and disability employment issues. Works toward practical solutions that benefit both employer and employee. <http://askjan.org> **800-526-7234**

**Landscape Structures** Creates playgrounds that promote inclusive play by addressing accessibility, age and developmental appropriateness and sensory-stimulating activities: making playgrounds a gathering spot for children/families of all abilities. [www.playlsi.com](http://www.playlsi.com) **888-438-6574**

**National Center on Accessibility** Promotes access and inclusion for people with disabilities in parks, recreation and tourism. [www.ncaonline.org](http://www.ncaonline.org)

**U.S. Access Board** Committed to accessible design. [www.access-board.gov](http://www.access-board.gov) **800-872-2253**

**U.S. Department of Justice** Provides information and technical assistance on the Americans with Disabilities Act. [www.ada.gov](http://www.ada.gov) **800-514-0301**

**U.S. Forest Service** Provides guidelines to maximize accessibility while recognizing and protecting the unique characteristics of the natural setting of outdoor recreation areas and hiker/pedestrian trails. [www.fs.fed.us/recreation/programs/accessibility](http://www.fs.fed.us/recreation/programs/accessibility)

**Washington State Parks** Provides information about state parks and accessible outdoor recreation. An Accessible Pass is good for 50% discount on nightly camping/moorage. Free watercraft launching and trailer dump. Available for one-year (short-term disability) or five-year (permanent disability) periods. Note: Simply show your placard, license plate or issued wallet card along with matching I.D. directly to the park ranger. [www.parks.wa.gov](http://www.parks.wa.gov) **360-902-8844**  
**Reservations 888-226-7688**



# ADVOCACY

## Advocacy Agencies

<b>Arc of Snohomish County</b> Support to individuals with developmental disabilities and their families to be knowledgeable and have the necessary skills and information to advocate and to educate the community about issues that affect individuals with developmental disabilities. These activities include building leaders, building inclusive communities, partnering with schools, promoting accessible and coordinated transportation and affordable and safe housing. <a href="http://www.arcsno.org">www.arcsno.org</a>	425-258-2459
<b>Center for Independence</b> Provides outreach, advocacy and support to assist individuals with disabilities to fully access their community. <a href="http://www.cfinorth.org/">http://www.cfinorth.org/</a>	360-393-3890
<b>Disability Rights of Washington (DRW)</b> A private non-profit organization that protects the rights of people with disabilities statewide. <a href="http://www.disabilityrightswa.org">www.disabilityrightswa.org</a>	206-324-1521 800-562-2702
<b>Domestic Violence Services of Snohomish County</b> 24-hour crisis line, support groups, emergency shelter, transitional housing and legal advocacy. <a href="http://www.dvs-snoco.org">www.dvs-snoco.org</a>	24-hr Crisis Line 425-252-2873
<b>Family Mentor Project</b> Helps families and guardians through the process of moving a child member to the community from a Regional Habilitation Center. <a href="http://www.familymentorproject.info">www.familymentorproject.info</a>	425-679-1805
<b>Governors Committee on Disability Issues and Employment</b> <a href="http://esd.wa.gov/newsroom/gcde">http://esd.wa.gov/newsroom/gcde</a>	360-902-9511
<b>National Council on Disability (NCD)</b> Provides advice to the president, congress, the executive branch to promote policies, programs, practices and procedures that guarantee equal opportunity for all individuals with disabilities. <a href="http://www.ncd.gov">www.ncd.gov</a>	Voicemail 202-272-2004
<b>PAVE (Partnerships for Action. Voices for Empowerment)</b> Advocacy, workshops, resources and referrals, regarding special education, and healthcare resource navigation. <a href="http://www.washingtonpave.org">www.washingtonpave.org</a>	800-572-7368
<b>Refugee Women's Alliance</b> A multi-ethnic, community-based organization that provides comprehensive culturally and linguistically appropriate services to refugee and immigrant communities. <a href="http://www.rewa.org">www.rewa.org</a>	206-721-0243
<b>Team Child</b> Provides support and advocacy to divert youth from the juvenile justice system through building community partnerships and providing support for education, health, housing and other basic needs of youth. <a href="http://www.teamchild.org">www.teamchild.org</a>	King County 206-322-2444
<b>WA State Developmental Disabilities Council (DDC)</b> Provides information and policy advocacy for individuals with disabilities and their families. <a href="http://www.ddc.wa.gov">www.ddc.wa.gov</a>	800-634-4473
<b>Washington Autism Alliance and Advocacy</b> Advocating for improved access to healthcare, education and social services through the lifespan. <a href="http://www.washingtonautismadvocacy.org">www.washingtonautismadvocacy.org</a>	425-894-7231
<b>Washington State Human Rights Commission</b> Eliminate, prevent and investigate alleged discrimination. <a href="http://www.hum.wa.gov">www.hum.wa.gov</a>	800-233-3247

# ADVOCACY

**Washington State Long Term Care Ombudsman** Improves the quality of life for people in licensed long-term care facilities by providing volunteers who listen to resolve problems and answer questions. [www.waombudsman.org](http://www.waombudsman.org)

TTY  
800-737-7931  
800-562-6028

**Service Alternatives Training Institute** Service Alternatives provides disability awareness training to employers and organizations. [www.satraininginstitute.org](http://www.satraininginstitute.org)

800-896-9234



*“Never doubt that a small group of thoughtful committed citizens can change the world; indeed it’s the only thing that ever does.”*

*Margaret Mead*



## Self-Advocacy/Community Education

**Autistic Self Advocacy Network (ASAN)** Disability rights organization run by and for adults with autism. [www.autisticadvocacy.org](http://www.autisticadvocacy.org)

**Disability Is Natural** A website that promotes new attitudes, new actions, and common sense in the disability arena. [www.disabilityisnatural.com](http://www.disabilityisnatural.com)

**Disability Social History Project** [www.disabilityhistory.org](http://www.disabilityhistory.org)

**Educating on Disability** Ken Miller is a nationally recognized motivational speaker who speaks about advocacy; based out of Snohomish County. **425-353-6422**

**People First of Washington** Statewide self-advocacy organization run by and for individuals with developmental disabilities. [www.peoplefirstofwashington.org](http://www.peoplefirstofwashington.org) **800-758-1123**

**Self-Advocacy Groups in Snohomish County** Includes Women’s Group, Transition Club and People First. [www.arcsno.org](http://www.arcsno.org) **425-258-2459**

**Self-Advocacy in Leadership (SAIL)** A coalition of people with developmental disabilities shaping public policy. [www.sailcoalition.org](http://www.sailcoalition.org) **888-754-8798**

**Stanwood-Camano Aktion Club** A community service group sponsored by Kiwanis for adults with disabilities who want to become community leaders and provide service to others. [www.stanwoodcamanoresources.org/resource-center.html](http://www.stanwoodcamanoresources.org/resource-center.html) **360-629-5257**

# ASSISTIVE TECHNOLOGY

<b>Able Opportunities, Inc.</b> Provides consultations & job development to address needs of pre-symbolic communicators; including individuals who are deaf / blind / DD. <a href="http://www.ableopps.com">www.ableopps.com</a>	
<b>SightConnection</b> Provides independent living skills training for people with visual impairments. <a href="http://www.sightconnection.org">www.sightconnection.org</a>	206-525-5556 800-458-4888
<b>Department of Services for the Blind (DSB)</b> Statewide services for all ages with blindness and low vision. Services focus on independent living, training and mobility support to individuals and families. <a href="http://www.dsb.wa.gov">www.dsb.wa.gov</a>	Seattle 206-906-5500 800-552-7103
<b>Enabling Devices</b> Manufactures and sells special devices to help people with disabilities reach their fullest potential. <a href="http://www.enablingdevices.com">www.enablingdevices.com</a>	800-832-8697
<b>Hearing, Speech and Deafness Center</b> Supports children and adults to realize their full communication potential. <a href="http://www.hcdc.org">www.hcdc.org</a>	888-222-5036 TTY 800-761-2821
<b>Listen and Talk</b> Teaches children with hearing loss to communicate and learn through listening and spoken language. <a href="http://www.listentalk.org">www.listentalk.org</a>	206-985-6646
<b>Therapy and Assistive Technology Clinic</b> Assists individuals in utilizing adaptive equipment for communication, computer access and phone usage. <a href="http://www.provail.org/therapy-clinic">www.provail.org/therapy-clinic</a>	206-363-7303
<b>Special Education Technology Center</b> Provides school districts with technology resources that are otherwise difficult to find or access. <a href="http://www.specialedtechcenter.org">www.specialedtechcenter.org</a>	509-963-3350
<b>Speech to Speech</b> Free telephone service for individual who have difficulty being understood due to a speech impairment or disability. <a href="http://www.speechtospeech.org">www.speechtospeech.org</a>	888-877-5302 877-833-6341
<b>Washington Access Fund</b> Low interest loans for any type of assistive technology or service, and vehicle and in home modifications. <a href="http://www.washingtonaccessfund.org">www.washingtonaccessfund.org</a>	206-328-5116 877-428-5116
<b>Washington Assistive Technology Act Program (WATAP)</b> Technology resources for employment, education and independent living. <a href="http://www.watap.org">www.watap.org</a>	800-214-8731
<b>Washington Assistive Technology Foundation (WATF) Access Fund</b> Promotes access to technology for individuals with disabilities. <a href="http://www.watf.org">www.watf.org</a>	206-328-5116
<b>Washington Relay Service</b> A free service that allows hearing callers to communicate with text telephone (TTY) users through specially trained relay operators. There are no restrictions to number, length or time of calls. <a href="http://www.washingtonrelay.com">www.washingtonrelay.com</a>	7-1-1 800-833-6384
<b>Washington Sensory Disabilities Services (WSDS)</b> Provides information, training, technical assistance and resources to families and educators (statewide) for individuals age birth-to-21 with sensory disabilities. <a href="http://www.wsdsonline.org">www.wsdsonline.org</a>	800-572-7000
<b>Washington Talking Book and Braille Library</b> <a href="http://www.wtbbl.org">www.wtbbl.org</a>	800-542-0866

# EDUCATION

## Support and Resources

<p><b>Adolescent Health Transition Project</b> Provides resources for adolescents with special health care needs. <a href="http://depts.washington.edu/healthtr">http://depts.washington.edu/healthtr</a></p>	206-685-1350
<p><b>Center for Change in Transition Services</b> Works toward improving post-school outcomes for students with disabilities in Washington State. <a href="http://www.seattleu.edu/ccts">www.seattleu.edu/ccts</a></p>	206-296-6000
<p><b>Early Childhood Education and Assistance Program</b> A FREE preschool program serving low-income children and families. <a href="http://snohomishcountywa.gov/1864/Early-Learning">http://snohomishcountywa.gov/1864/Early-Learning</a></p>	425-388-7010
<p><b>Head Start</b> A program for families on a limited income with children from birth to five years old. Head Start partners with families to promote the growth and development of infants and toddlers, resulting in school readiness prior to entry into Kindergarten.</p> <p><b>South Central County Head Start</b> (prenatal to five) <a href="http://hsweb.edcc.edu">hsweb.edcc.edu</a></p>	South Central County 425-712-9000
<p><b>Office of Education Ombudsman</b> Helps solve disputes and conflict between families and elementary and secondary public schools that affect student learning. Functions independently from the public school system. <a href="http://oeo.wa.gov">http://oeo.wa.gov</a></p>	866-297-2597
<p><b>Office of Superintendent of Public Instruction (OSPI)</b> Charged with overseeing the K-12 public education system in Washington State. <a href="http://www.k12.wa.us/specialed">www.k12.wa.us/specialed</a></p>	360-725-6075
<p><b>PAVE (Partnerships for Action. Voices for Empowerment)</b> Advocacy and information for parents with children with special educational needs and healthcare resource navigation. <a href="http://www.washingtonpave.org">www.washingtonpave.org</a></p>	800-572-7368
<p><b>Sno-Isle Skills Center</b> Prepares high school students in Snohomish County to be successful in the high-tech work force. <a href="http://www.snoisletech.com">www.snoisletech.com</a></p>	425-348-2220
<p><b>Snohomish County Early Intervention Program</b> Services and support to children ages 0-3 with, or at high-risk of, a delay. <a href="http://www.snohomishcountywa.gov/dd">www.snohomishcountywa.gov/dd</a></p>	425-388-7402 800-927-9308
<p><b>Snohomish County Transition Coordinator</b> Assists individuals and families from the Developmental Disabilities Administration/DSHS with the process of transitioning from school to work and into community living. Includes helping families navigate the adult service systems, understand and access resources and connect to planning and employment providers (as funding allows). <a href="http://www.snohomishcountywa.gov/dd">www.snohomishcountywa.gov/dd</a></p>	425-388-7476
<p><b>Sound Options Group</b> Provides mediation between families and school districts to help resolve IFSP/IEP impasses. <a href="http://sometg.com">http://sometg.com</a></p>	206-842-2298 800-692-2540
<p><b>Specialized Training of Military Parents (STOMP)</b> Advocacy, information and support to military families caring for family members w/disabilities. <a href="http://www.wapave.org">www.wapave.org</a></p>	800-572-7368
<p><b>Washington Sensory Disabilities Services (WSDS)</b> Provides training, information, referral and support to families and providers of children who are deaf, hard of hearing, blind, visually impaired or deaf-blind. <a href="http://www.wsdsonline.org">www.wsdsonline.org</a></p>	800-572-7000

## Colleges

<b>Bellevue College</b> Offers an Associate's Degree in Occupational and Life Skills (OLS) for students with disabilities.	<a href="http://www.bellevuecollege.edu/ols">http://www.bellevuecollege.edu/ols</a>	425-564-5206
<b>Cascadia Community College</b> Support services to students with disabilities.	<a href="http://www.cascadia.edu/advising/disability.aspx">http://www.cascadia.edu/advising/disability.aspx</a>	425-352-8128
<b>DO-IT Program - University of Washington</b> Provides technology services to increase participation of individuals with disabilities in academic programs and careers.	<a href="http://www.washington.edu/doit">www.washington.edu/doit</a>	888-972-3648
<b>Edmonds Community College</b>	<a href="http://www.edcc.edu/ssd">www.edcc.edu/ssd</a>	425-640-1459
<b>Everett Community College Center for Disability Services</b>	<a href="https://www.everettcc.edu/students/cds">https://www.everettcc.edu/students/cds</a>	425-388-9272
<b>Highline Community College - Access Services</b>	<a href="https://access.highline.edu/">https://access.highline.edu/</a>	206-592-3857
<b>Lake Washington Technical College</b>	<a href="http://www.lwtech.edu/">http://www.lwtech.edu/</a>	425-739-8100
<b>Shoreline Community College</b>	<a href="http://www.Shoreline.edu">www.Shoreline.edu</a>	206-546-4101
<b>Skagit Valley College</b>	<a href="http://www.skagit.edu">www.skagit.edu</a>	360-416-7600
<b>Think College</b>	<a href="http://www.thinkcollege.net">www.thinkcollege.net</a>	617-287-4300
<b>UW Bothell Campus</b>	<a href="http://www.bothell.washington.edu">www.bothell.washington.edu</a>	425-352-5000

## Community Education Resources

<b>Brookes Publishing</b> Publishes books, curriculums and screening tools for individuals with developmental disabilities.	<a href="http://www.brookespublishing.com">www.brookespublishing.com</a>
<b>Disability Scoop</b> News about developmental disabilities.	<a href="http://www.disabilityscoop.com">www.disabilityscoop.com</a>
<b>Disability.Gov</b> Information on disability benefits, find a job, health care or housing.	<a href="http://www.disability.gov">www.disability.gov</a>
<b>Inclusion</b> Includes a variety of resources on inclusion.	<a href="http://www.inclusion.com">www.inclusion.com</a>
<b>Informing Families</b> Provides information on changes in the DDA system.	<a href="http://www.informingfamilies.org">www.informingfamilies.org</a>
<b>Jameson Hope Lending Library</b> Videos, training materials and books available.	<a href="http://www.arcsno.org">www.arcsno.org</a>
<b>Kids Included Together (KIT)</b> Promotes inclusion of all children.	<a href="http://www.kitonline.org">www.kitonline.org</a>
<b>Program Development Associates</b> Disability and diversity resources.	<a href="http://www.disabilitytraining.com">www.disabilitytraining.com</a>
<b>Quality Mall</b> Free information about person-centered supports for people with DD.	<a href="http://www.qualitymall.org">www.qualitymall.org</a>
<b>Sprout Film Festival</b> Includes a variety of disability related films.	<a href="http://www.sproutflix.org">www.sproutflix.org</a>
<b>Supporting Families of Individuals with Intellectual and Developmental Disabilities</b>	<a href="http://www.supportstofamilies.org">www.supportstofamilies.org</a>

# FAMILY & PARENT RESOURCES

## Early Intervention

**Early Head Start/Head Start** A program for families on a limited income with children from **birth to five years old**. Head Start partners with families to promote the growth and development of infants and toddlers, resulting in school readiness prior to entry into kindergarten.

**North County Early Head Start** (prenatal to three only)  
<http://snohomishcountywa.gov/1864/Early-Learning>  
**South Central County Early Head Start/Head Start** (prenatal to five)  
[www.edcc.edu/birthtofive](http://www.edcc.edu/birthtofive)

North County  
**425-388-6471**  
 South Central  
 County  
**425-712-9000**

**Family Interagency Coordinating Council (FICC)** A partnership between parents, families, school staff and providers of children ages birth to six with or at risk of delay or disability.

[www.snohomishcountywa.gov/dd](http://www.snohomishcountywa.gov/dd)

**425-388-7402**

**Nurse-Family Partnership** A FREE program for women who are pregnant with their first child and meet income requirements. A registered nurse will visit you in your home throughout your pregnancy and continue to visit until your baby is 2 years old.

**425-353-5656**

**Parent to Parent** Matches new parent's with parent mentors and provides trainings, workshops and support groups. The Arc of Snohomish County.

[www.arcsno.org](http://www.arcsno.org)

**425-258-2459**

**Snohomish County Early Intervention Program** Provides support to children ages birth to three who have or are at high-risk of a delay. Provides Family Resource Coordination to assist families in accessing, coordinating and funding early intervention services.

[www.snohomishcountywa.gov/dd](http://www.snohomishcountywa.gov/dd)

**425-388-7402**  
**800-927-9308**

**Washington Sensory Disabilities Services** Provides information, training, technical assistance and resources to families and educators (statewide) for individuals age birth to twenty one with sensory disabilities, including individuals who are deaf, hard of hearing, blind, visually impaired or deaf-blind.

[www.wsdsonline.org](http://www.wsdsonline.org)

**800-572-7000**

**Washington State Department of Early Support for Infants and Toddlers (ESIT)** Provides early intervention services for children age's birth to three with developmental delays or disabilities.

<https://del.wa.gov/providers-educators/early-support-infants-and-toddlers-esit>

**866-482-4325**

## Resources and Support

**Acclaimed Photography** Full-service photography studio specializing in serving children with special needs.

[www.AcclaimedPhoto.com](http://www.AcclaimedPhoto.com)

**206-228-2442**

**Adult Protective Services** Investigates allegations of abandonment, abuse (physical, mental, sexual), financial exploitation, and neglect of vulnerable adults.

**866-221-4909**

**Aptitude Habilitation Services TriCare Autism Demonstration Project** Provides support to military families who have a child w/Autism.

[www.apitudeservices.com](http://www.apitudeservices.com)

**800-991-6070**

# FAMILY & PARENT RESOURCES

<p><b>Arc of Snohomish County</b> Provides information, education and support to people with developmental disabilities and their families. <a href="http://www.arcsno.org">www.arcsno.org</a></p>	425-258-2459
<p><b>Arc of Washington State</b> Provides advocacy and support to people with developmental disabilities and their families. <a href="http://www.arcwa.org">www.arcwa.org</a></p>	360-357-5596 888-754-8798
<p><b>Autism Awareness Project Department of Health</b> Statewide info on local services and supports for individuals with autism. Search Autism <a href="http://www.doh.wa.gov">www.doh.wa.gov</a></p>	
<p><b>Autism Center at University of Washington</b> Intervention services include social skills groups, professional training, diagnostic evaluations and program consultation for children (up to age18). <a href="http://depts.washington.edu/uwautism">http://depts.washington.edu/uwautism</a></p>	206-221-6806
<p><b>Autism Now</b> Provides national Autism resources. <a href="http://www.autismnow.org">www.autismnow.org</a></p>	855-828-8476
<p><b>Autism Society of Washington</b> Advocacy, public awareness, education and research related to autism. Calendar of events. <a href="http://www.autismsocietyofwa.org">www.autismsocietyofwa.org</a></p>	888-279-4968
<p><b>Bridge Ministries</b> Supports individuals with disabilities. Services include one-on-one assessment, chaplain visits, medical equipment, etc. <a href="http://www.bridgemin.org">www.bridgemin.org</a></p>	425-885-1006
<p><b>Camp Prime Time</b> Provides families with children who are seriously ill or disabled with outdoor wilderness experience where families can enjoy themselves (without financial burden) in a supportive atmosphere. <a href="http://www.campprimetime.org">www.campprimetime.org</a></p>	509-248-2854
<p><b>Center for Children with Special Needs</b> Provides information to families and professionals focusing on children who have chronic physical, developmental, behavioral or emotional conditions. <a href="http://www.cshcn.org">www.cshcn.org</a></p>	206-987-3736 866-987-2500
<p><b>Child Care Aware of Washington</b> Our trained staff can create a free, customized list of licensed child care programs that meet your child care needs. We offer services in all languages. <a href="http://wa.childcareaware.org">http://wa.childcareaware.org</a></p>	253-383-1735 866-416-4321
<p><b>Children with Special Health Care Needs (CSHCN)</b> Information and resources for families of children who have serious physical, behavioral or emotional conditions requiring additional supports and services. <a href="http://www.snohd.org/Children-Family/Special-Needs-Children">http://www.snohd.org/Children-Family/Special-Needs-Children</a></p>	Snohomish County 425-339-8652
<p><b>Developmental Disabilities Administration (DDA)</b> Eligibility for Medicaid Personal Care Services for children under the age of 18. Provides an assessment for in home care (with medical coupon).</p>	Everett 425-740-6400
<p><b>North Sound 211 - Community Information Line</b> Community resources, emergency and transitional housing, homeless prevention, food banks and general resources. Call 211.</p>	800-223-8145
<p><b>Department of Services for the Blind (DSB)</b> Helps individuals' with visual disabilities gain necessary skills and access opportunities to reach the employment goals of their choice. Statewide services for all ages of individuals experiencing blindness or low vision. Focuses on independent living through providing orientation, training and mobility and support to families. <a href="http://www.dsb.wa.gov">www.dsb.wa.gov</a></p>	800-522-7103

# FAMILY & PARENT RESOURCES

<p><b>Developmental Disabilities Administration (DDA)</b> Assists individuals with developmental disabilities and their families to obtain services and supports based on individual preference, capabilities and needs. DDA serves individuals of <b>ALL AGES</b> using state and federal funds to provide or purchase supports/services for eligible persons and their families. Limited resources/services. If you are DDA eligible and currently not receiving any paid services but need additional support call 1-800-567-5582 and inform staff about unmet needs. <a href="http://www.dshs.wa.gov/ddd">www.dshs.wa.gov/ddd</a></p>	<p>No Paid Services <b>800-567-5582</b></p> <p><b>800-788-2053</b></p>
<p><b>Down Syndrome Association of Snohomish County</b> Provides information and support to families in Snohomish County. <a href="http://www.dsasc.org">www.dsasc.org</a></p>	<p><b>425-610-8226</b></p>
<p><b>Eagle Wings disAbility Ministries</b> Offers visits, "circles of friends", Sunday evening celebrations, phone support, awareness seminars, resource referral, community-based chaplain services and the Eagle Card. <a href="http://www.eaglewingsministries.org">www.eaglewingsministries.org</a></p>	<p><b>360-658-6093</b></p>
<p><b>Easter Seals Society of WA</b> Provides training, information and direct service.</p>	<p><b>206-281-5700</b></p>
<p><b>Exceptional Family Member Program</b> Provides information, referrals, education &amp; counseling for family members of active military duty. <a href="http://www.navylifepnw.com/">http://www.navylifepnw.com/</a></p>	<p><b>866-854-0638</b></p>
<p><b>Families For Effective Autism Treatment of WA (FEAT)</b> Provides information, resources, training and supports to help individuals with autism reach their full potential. <a href="http://www.featwa.org">www.featwa.org</a></p>	<p><b>425-223-5126</b></p>
<p><b>Family Health Hotline</b> Provides information on local and state resources including health care coverage, specialty services, and recreational opportunities to children with special health care needs. <a href="http://parenthelp123.org">http://parenthelp123.org</a></p>	<p><b>800-322-2588</b></p>
<p><b>Family Helpline</b> Provides information and resources on parenting, child development and positive discipline to parents and caregivers. <a href="http://www.parenttrust.org">www.parenttrust.org</a></p>	<p><b>800-932-4673</b></p>



*TOGETHER We  
Make A Family*

# FAMILY & PARENT RESOURCES

**Family Support Centers of Snohomish County** Offers a variety of activities, playgroups, resource libraries, volunteer opportunities, classes and events.

<b>Darrington Family Support and Resource Center</b>	<b>360-436-0308</b>
<b>Familias Unidas Hispanic Family Support Center</b>	<b>425-513-2880</b>
<b>Lake Stevens Family Center</b>	<b>425-397-7433</b>
<b>Granite Falls Family Center</b>	<b>360-386-9282</b>
<b>Bothell Program Site</b>	<b>206-631-9436</b>
<b>Sky Valley Community Resource Center</b>	<b>360-793-2400</b>
<b>South Everett Neighborhood Center</b>	<b>425-355-6005</b>
<b>Stanwood Camano Community Resource Center</b>	<b>360-629-5257</b>
<b>The Arlington Family Center</b>	<b>360-386-7989</b>

**Fathers Network** Support for fathers who have a child(ren) with disabilities, through the Arc of Snohomish County. [www.arcsno.org](http://www.arcsno.org) or [www.fathersnetwork.org](http://www.fathersnetwork.org)  
**425-258-2459**  
**425-653-4286**

**Fetal Alcohol Syndrome (FAS)** An alliance of families and professionals supporting individuals with FAS. [www.nofas.org](http://www.nofas.org) or [www.nofaswa.org](http://www.nofaswa.org)  
**206-940-2832**  
**800-940-3843**

**Informing Families** A website and email list providing up-to-date information on changes in the DDA delivery system. [www.informingfamilies.org](http://www.informingfamilies.org)

**Senior Services of Snohomish County, Kinship Caregiver Program** For grandparents and relatives facing the challenge of raising a relative's child(ren).  
**425-265-2287**

**Life Span** Supports Washington State families to develop safe, secure and quality futures for their relatives with disabilities. [www.lifespan-wa.org](http://www.lifespan-wa.org)  
**425-883-9867**

**Mothers Network** Support group for mothers of child(ren) with disabilities, through the Arc of Snohomish County. [www.arcsno.org](http://www.arcsno.org)  
**425-258-2459**

**National Alliance on Mental Illness (NAMI)** Provides advocacy, information and support for individuals with mental illness and their families. [www.namiwa.org](http://www.namiwa.org)  
[www.nami-greaterseattle.org](http://www.nami-greaterseattle.org)  
**206-783-4288**

**Navy Region Northwest School Liaison Officer** A central point of contact for school related matters between Navy Region Northwest, military families and local school systems.  
**425-304-3688**

**My Village Northwest** Serving children with special Needs and their families. Located in Woodinville, WA. <http://myvillagenw.org/>  
**206-355-5915**

**Parent/Family Coalition of Snohomish County** Provides resources to help individuals and families understand the service delivery system and opportunities to become involved with elected officials and others in advocating for positive changes in services for individuals with disabilities. [www.arcsno.org](http://www.arcsno.org)  
**425-258-2459**

**Parent to Parent** Matches parent's in a one-one relationship with trained, experienced parents, based on similar diagnosis and family issues. Provides information and referral, workshops, training and support. [www.arcsno.org](http://www.arcsno.org)  
**425-258-2459**

# FAMILY & PARENT RESOURCES

<b>Parent to Parent of Washington State</b> <a href="http://arcwa.org/getsupport/parent_to_parent_p2p_programs">http://arcwa.org/getsupport/parent_to_parent_p2p_programs</a>	<b>425-641-7504</b>
<b>Planned Parenthood</b> Information and education on family planning and women's health care services. Website has resources specific to individuals with intellectual disabilities. <a href="http://www.plannedparenthood.org">www.plannedparenthood.org</a>	<b>EVERETT</b> <b>425-259-1533</b> <b>800-230-7526</b>
<b>Puget Sound Autism Services</b> LLC, Glenna Clouse, Provides counseling, consultation, social skills groups and training for individuals, families, schools and community groups for autism spectrum disorders. <a href="http://www.psautism.com">www.psautism.com</a>	<b>206-617-2131</b>
<b>Puget Sound Psychology &amp; Consulting</b> Provides diagnosis and assessment, counseling, consultation, social skills groups and training for children and adults on the autism spectrum and their families. <a href="http://www.pugetsoundpsychology.com">www.pugetsoundpsychology.com</a>	<b>206-883-6175</b>
<b>Resources for Spanish Speaking Clients</b> Northshore Family Center (Bothell) Familias Unidas (Latino Resource Referral)	<b>425-205-2004</b> <b>425-513-2880</b>
<b>Early Life Speech &amp; Language</b> Serves young children with severe speech and language delays. Provides educational and training opportunities for parents at no cost. <a href="http://earlylifespeech.org/">http://earlylifespeech.org/</a>	<b>206-324-6293</b>
<b>Homage Senior Services</b> Provides information and referral to social service programs to seniors and individuals with disabilities. <a href="http://www.sssc.org">www.sssc.org</a>	<b>425-355-1112</b>
<b>Sibshops</b> Opportunities for brothers and sisters of children with developmental disabilities to connect with peers, to share their experiences and participate in fun activities with other siblings. Through the Arc of Snohomish County. <a href="http://www.arcsno.org">www.arcsno.org</a>	<b>425-258-2459</b>
<b>Special Education Mediation</b> Sound Options Group provides mediation between families (with children ages 0-21 years-of-age) and school districts to help resolve IFSP or IEP impasses. <a href="http://www.somtj.com">www.somtj.com</a>	<b>800-692-2540</b> <b>206-842-2298</b>
<b>University Center for Excellence in Developmental Disabilities</b> Provides technical assistance, outreach, clinical services, training and information for individuals with developmental disabilities. <a href="http://www.depts.washington.edu/chdd/ucedd.html">www.depts.washington.edu/chdd/ucedd.html</a>	
<b>WA State Hands and Voices</b> Dedicated to supporting families with children who are deaf, deaf-blind, or hard of hearing. <a href="http://www.wahandsandvoices.org">www.wahandsandvoices.org</a>	<b>425-268-7087</b>
<b>Washington Connection</b> Offers you a way to find and apply for a variety of services on line. <a href="https://www.washingtonconnection.org/home">https://www.washingtonconnection.org/home</a>	
<b>YWCA Pathways for Women</b> Provides support for women in need to address multiple challenges and move toward independence, self-sufficiency, safety and dignity for themselves and their families. <a href="https://ywcaworks.org">https://ywcaworks.org</a>	<b>425-774-9843</b>

# FINANCIAL

## Employment Assistance

<b>Department of Services for the Blind (DSB)</b> Helps individuals' who are blind or visually impaired gain the necessary skills and access opportunities to reach the employment goals of their choice. <a href="http://www.dsb.wa.gov">www.dsb.wa.gov</a>	<b>800-552-7103</b>
<b>Division of Vocational Rehabilitation (DVR)</b> Assists people with disabilities prepare for, obtain and retain employment. Vocational rehabilitation programs are custom-designed for each individual. <a href="http://www.dshs.wa.gov/dvr">www.dshs.wa.gov/dvr</a>	Everett <b>425-339-4880</b> Lynnwood <b>425-977-6600</b>
<b>Goodwill Job Training and Education</b> Provides job training and education, programs, support and assistance in finding a job. <a href="http://www.seattlegoodwill.org">www.seattlegoodwill.org</a>	<b>425-267-9718</b> <b>206-329-1000</b>
<b>Job Accommodation Network</b> Provides free, expert and confidential guidance on workplace accommodations and disability employment issues. Works toward practical solutions that benefit both employer and employee. <a href="http://askjan.org">http://askjan.org</a>	<b>800-526-7234</b>
<b>Job Corps</b> Free education and vocational training program to help young people ages 16 - 24 obtain a better paying job. <a href="http://www.jobcorps.doleta.gov">www.jobcorps.doleta.gov</a>	<b>800-733-5627</b>
<b>Office of Disability Employment Policy (ODEP)</b> Provides national leadership by developing and influencing disability employment related policies. <a href="http://www.dol.gov/odep">www.dol.gov/odep</a>	
<b>Pathways to Employment</b> A website that helps Washingtonians with a disability make informed decisions about going to work. <a href="http://www.pathways.dshs.wa.gov">www.pathways.dshs.wa.gov</a>	
<b>Plan to Work</b> Serves people ages 14-65 years old receiving disability benefits from Social Security Administration (SSA) and want to work. <a href="http://www.plantowork.org">www.plantowork.org</a>	<b>866-497-9443</b>
<b>Snohomish County Career Path Services</b> Supports individuals with developmental disabilities pursue and/or maintain community employment. Contact DD case manager for a referral. Guide available at: <a href="http://www.snohomishcountywa.gov/dd">www.snohomishcountywa.gov/dd</a>	
<b>Washington State Business Leadership Network</b> Educates/supports businesses recruit, hire, retain, promote and improve customer service for people with disabilities. <a href="http://www.wsbln.org">www.wsbln.org</a>	
<b>WorkSource</b> Provides information and classes to assist individuals in obtaining employment. <a href="http://www.worksourceonline.com">www.worksourceonline.com</a>	<b>360-568-2898</b>

## Financial Planning

<b>ABLE Savings Plan</b> Allows individuals with disabilities to save money for qualified disability expenses without losing their federal benefits. <a href="http://www.ablenrc.org">http://www.ablenrc.org</a>	
<b>DD Endowment Trust Fund</b> Enables individuals with DD and their families to open a low cost special needs trust to set aside money and build assets for the future without compromising the individual's eligibility for public services. <a href="http://ddlot.org">ddlot.org</a>	<b>888-754-8798</b>
<b>Protected Tomorrows of Seattle</b> Provides people with special needs comprehensive life planning. <a href="http://www.protectedtomorrows.com">www.protectedtomorrows.com</a>	<b>847-522-8086</b>

# FINANCIAL

## Financial Assistance

<b>Cell Phones</b> Available for individuals who are low income. <a href="http://www.safelinkwireless.com">www.safelinkwireless.com</a> or <a href="http://www.freegovernmentcellphones.net">www.freegovernmentcellphones.net</a>	
<b>Community Service Office (CSO)</b> Provides eligibility determination on services when applying for financial, Medicaid, food stamp assistance or childcare. Online application. <a href="https://www.dshs.wa.gov/esa/online-community-services-office-cso">https://www.dshs.wa.gov/esa/online-community-services-office-cso</a>	877-501-2233
<b>DSHS Eligibility Survey</b> DSHS assistance programs that may be available based on family's income and resources. <a href="http://www.dshs.wa.gov/esa/TEC">www.dshs.wa.gov/esa/TEC</a>	
<b>Social Security Administration</b> Federal agency offers financial assistance for people with disabilities to achieve independence. Persons under 18 considered based on disability and parents' income; over age 18 considered based on individual income, resources and disability determination. Includes Supplemental Security Income (SSI) and Social Security Disability Insurance (SSDI) programs. <a href="http://www.ssa.gov">www.ssa.gov</a>	General No. 800-772-1213 Everett 866-563-4595 Lynnwood 877-575-5197
<b>Social Security Benefit Eligibility Screening Tool for SSI and SSDI</b> A web-based tool to help determine eligibility for benefits. <a href="http://ssabest.benefits.gov">http://ssabest.benefits.gov</a>	
<b>Volunteers of America (VOA) Family Support</b> Helps families and individuals with emergency needs (clothing, furniture, medications, eyeglasses) as funding allows.	425-259-3192
<b>Washington Home of Your Own</b> Non-profit organization approved by Social Security Administration to provide Representative Payee services to Social Security beneficiaries. <a href="http://www.sunrisecommunityliving.com">www.sunrisecommunityliving.com</a>	425-212-4230 877-447-4082
<b>Women, Infants and Children (WIC)</b> A nutrition program to assist pregnant women, mothers and young children. <a href="http://www.snohd.org/Children-Family/WIC-Nutrition">www.snohd.org/Children-Family/WIC-Nutrition</a>	425-252-5303 425-258-8400

## Energy Assistance

<b>Electricity</b> Annual PUD discounts are available for low income customers.	425-783-1000
<b>Energy Assistance Program</b> Provides one-time assistance in paying heat bills for one season. <a href="http://snohomishcountywa.gov/552/Energy-Assistance">http://snohomishcountywa.gov/552/Energy-Assistance</a>	425-388-3880
<b>Weatherization Program</b> Year round, home energy conservation assistance. <a href="http://snohomishcountywa.gov/2004/Weatherization-Energy-Assistance-OWEA">http://snohomishcountywa.gov/2004/Weatherization-Energy-Assistance-OWEA</a>	425-388-7205



# HEALTH CARE/ MEDICAL SERVICES

## Health Insurance

<b>Benefits Checkup</b> Contains benefit screening tools.	<a href="http://www.benefitscheckup.org">www.benefitscheckup.org</a>	
<b>Apple Health for Workers with Disabilities (HWD)</b> Medicaid buy-in program for employed individuals with disabilities. Employees pay monthly fee (premium) based on income.	<a href="http://www.dshs.wa.gov/onlinecso/hwd.shtml">www.dshs.wa.gov/onlinecso/hwd.shtml</a>	206-272-2169 800-871-9275
<b>SHIBA (Statewide Health Insurance Benefits Advisors)</b> Addresses questions, concerns, and complaints related to health insurance.	<a href="http://www.insurance.wa.gov">www.insurance.wa.gov</a>	800-562-6900
<b>Washington Apple Health (Medicaid)</b> Provides health care for individuals with low income; includes youth, families and prescription drugs.		800-562-3022
<b>Washington Health Plan Finder</b> Compare and enroll in quality health insurance plans and access important cost savings.	<a href="http://www.wahealthplanfinder.org">www.wahealthplanfinder.org</a>	855-923-4633
<b>Whatcom Alliance for Health Advancement</b> Helps individuals in Snohomish, Whatcom and Island County to apply for and navigate health care plans.	<a href="http://www.whatcomalliance.org">www.whatcomalliance.org</a>	360-788-6594

## Medical Support

<b>Adolescent Health Transition Project</b> Provides information to assist with transition to adult health care services.	<a href="http://www.depts.Washington.edu/healthtr">www.depts.Washington.edu/healthtr</a>	206-685-1350
<b>Alcohol/Drug 24-Hour Helpline</b>	<a href="http://www.adhl.org">www.adhl.org</a>	206-722-3700
<b>Center on Human Development &amp; Disabilities (CHDD)</b> Provides on-site clinical service programs for children, with or at risk for developmental learning, and behavioral concerns.	<a href="http://www.depts.washington.edu/chdd">www.depts.washington.edu/chdd</a>	206-543-7701
<b>Challenged America Foundation</b> Assists children with physical challenges to receive medical attention, rehabilitation therapy and assistive devices they would not be able to obtain otherwise.	<a href="http://www.challengedamerica.com">www.challengedamerica.com</a>	818-907-6966
<b>Children with Special Health Care Needs</b> Provides information and resources to families for home visit programs, parenting, child health services and nurse/family partnerships.	<a href="http://www.snohd.org/Home/-Special-Needs-Children">http://www.snohd.org/Home/-Special-Needs-Children</a>	425-339-8652
<b>Citrine Health</b> Connects women and their families to services that improve the quality of their health, including health screenings, insurance, and food programs. Provides breast, cervical and colon health screening for uninsured people between 40 and 60 years of age.	<a href="http://www.citrinehealth.org">www.citrinehealth.org</a>	425-259-9899 888-651-8931
<b>Community Health Center of Snohomish County</b> Dedicated in providing the uninsured, low-income and other members of our diverse community with access to high quality and affordable medical, dental, behavioral health and pharmacy services.	<a href="http://www.CHCsno.org">www.CHCsno.org</a>	425- 789-3789

# HEALTH CARE/ MEDICAL SERVICES

<b>Carina</b> Need a fill-in caregiver? Carina is a free service where Medicaid and state-funded home care clients and qualified providers can connect directly for care and support. <a href="https://www.carinacare.com/">https://www.carinacare.com/</a>	844-797-8901
<b>Dental Care for Individuals with Disabilities (DECOD)</b> University of Washington's School of Dentistry's helps to locate dental resources for persons with disabilities. <a href="https://dental.washington.edu/patient/clinics/decod/">https://dental.washington.edu/patient/clinics/decod/</a>	206-543-4619
<b>Directory of Dentists</b> A partial listing of dentists who treat patients with developmental or special needs. <a href="http://www.wsda.org/special-needs-directory">www.wsda.org/special-needs-directory</a>	
<b>Elks Therapy Program</b> Provides free in-home occupational and physical therapy for children aged birth-to-21. <a href="http://www.tallelks.org">www.tallelks.org</a>	800-825-3557
<b>Epilepsy Foundation Northwest</b> Programs and services for individuals with epilepsy and their family members. <a href="http://www.epilepsyfoundation.org">www.epilepsyfoundation.org</a> or <a href="http://www.epilepsynw.org">www.epilepsynw.org</a>	
<b>Family Health Hotline</b> Provides local and state resource information for healthcare coverage, specialty services and recreational opportunities for children with special health care needs. <a href="http://parenthelp123.org">http://parenthelp123.org</a>	800-322-2588
<b>Fetal Alcohol Syndrome Diagnostic Clinic</b> -Located in Everett.	425-258-7444
<b>Handle Institute</b> Provides non-drug evaluation and treatment for individuals with neurodevelopment disorders. <a href="http://www.handle.org">www.handle.org</a>	206-909-6028
<b>Lifeline Medical Alert Services (Providence)</b> Emergency response system.	425-261-4828
<b>DSHS</b> Provides in-home assistance to individuals who receive Medicaid and need assistance with personal care. Call your DDA case manager. (or Home and Community Services DSHS if not DDA eligible)	425-339-4833 800-788-2053
<b>MS Helping Hands Donation Closet</b> Provides new and recycled medical and mobility equipment for individuals living with MS.	425-712-1807
<b>National Organization for Rare Disorders (NORD)</b>	203-744-0100
<b>Poison Information Hotline</b>	800-222-1222
<b>Providence Children's Center</b> Neuro-developmental center for children birth-to-14, providing OT, PT, speech, nutrition and counseling. Accepts Medicaid.	425-258-7311
<b>Providence Hospice and Home Care of Snohomish Co.</b> Provides health care and comfort to people of all ages facing a life threatening or challenging illness.	425-261-4800
<b>SeaMar</b> Serves low income individuals with comprehensive medical, dental and social services. Provides health education, maternity support services and inpatient substance abuse treatment. Specializes in services to Latinos. <a href="http://www.seamar.org">www.seamar.org</a>	Everett 425-347-5415
<b>Seattle Children's Hospital</b> Children's Resource Line. <a href="http://www.seattlechildrens.org">www.seattlechildrens.org</a>	866-987-2000
<b>Shield Health Care</b> Provides disposable medical supplies for incontinence (adult and pediatric), external nutrition, ostomy, and urological supplies. Provides free home delivery, language services, and home evaluations. Accepts Medicare, Medicaid and some private insurance. <a href="http://www.shieldhealthcare.com">www.shieldhealthcare.com</a>	800-765-8775

# HEALTH CARE/ MEDICAL SERVICES

<b>Snohomish County Early Intervention Program</b> Provides services and support to children birth-to-3 with or at high-risk of a delay. Assists families in accessing, coordinating and funding services. <a href="http://www.snohomishcountywa.gov/dd">www.snohomishcountywa.gov/dd</a>	425-388-7402 800-927-9308
<b>Snohomish County Health District</b> Provides immunizations, diagnoses, nutrition, maternal and child health care, family planning, food safety, disease/injury prevention and promotes access to health care. <a href="http://www.snohd.org">www.snohd.org</a>	Everett 425-339-5200 Lynnwood 425-775-3522
<b>Starlight Children's Foundation</b> Serves seriously ill children. <a href="http://www.starlight.org">www.starlight.org</a>	
<b>Washington Association of Community and Migrant Health Centers</b> Advocates for low-income, uninsured and underserved Washington State residents served by community health centers. <a href="http://www.wacmhc.org">www.wacmhc.org</a>	360-786-9722
<b>Washington State Fetal Alcohol Syndrome Diagnostic and Prevention Network</b> <a href="http://www.fasdpn.org">www.fasdpn.org</a>	206-598-0555
<b>Washington State Medical Home Website</b> Connects families with health care providers to make informed health care decisions. Includes practical tools, strategies and information for children with special health care needs. <a href="http://www.medicalhome.org">www.medicalhome.org</a>	206-685-1279
<b>WithinReach</b> Private nonprofit organization working to ensure optimal health for all Washington families by connecting them to resources. <a href="http://www.withinreachwa.org">www.withinreachwa.org</a>	800-322-2588 206-284-2465
<b>Women Infant and Children (WIC) Program</b> Nutrition program providing education, support and referrals to health care & social services for pregnant women, new mothers and young children. <a href="http://www.snohd.org/Children-Family/WIC-Nutrition">www.snohd.org/Children-Family/WIC-Nutrition</a>	Everett 425-252-5303 Lynnwood 425-258-8400

## Mental Health

### Crisis Lines

<b>Care Crisis Line (24-Hour Intervention)</b> Information, referral and intervention services for adults and children in mental health crisis. <a href="http://www.dshs.wa.gov/dbhr">www.dshs.wa.gov/dbhr</a>	425-258-4357 800-584-3578
<b>Washington Recovery Help Line</b> For 24 hour emotional support, crisis intervention and referrals. <a href="http://www.dshs.wa.gov/dbhr">www.dshs.wa.gov/dbhr</a>	866-789-1511

### Access Lines

<b>Northsound 211</b> Information and referral line	211
<b>Access Line</b> Schedules mental health appointments for Medicaid and Apple Health eligible participants.	425-212-3900 888-693-7200
<b>Compass Health</b> Provides full continuum of outpatient/inpatient behavioral health care for individuals of all ages in Everett, Lynnwood and Smokey Point. <a href="http://www.compasshealth.org">www.compasshealth.org</a>	425-257-1621
<b>SeaMar</b> Provides outpatient services in Everett, and Lynnwood. <a href="http://www.seamar.org">www.seamar.org</a>	Everett 425-609-5505
<b>Catholic Community Services</b> Provides outpatient services. <a href="http://www.ccsww.org">www.ccsww.org</a>	425-257-2111

# HOUSING & LIVING INFORMATION

## Resources to Obtain Affordable Housing

<b>Apartment Finder</b> Website for affordable, accessible apartments. <a href="http://www.aptfinder.org">www.aptfinder.org</a>	
<b>Arc of Snohomish County</b> Provides information and support to individuals with developmental disabilities and their families. <a href="http://www.arcsno.org">www.arcsno.org</a>	425-258-2459
<b>Catholic Community Services</b> Provides support services. <a href="http://www.ccsww.org">www.ccsww.org</a>	425-257-2111
<b>Developmental Disabilities Administration (DDA)</b> Provides information on housing options and supports. Connects individuals to Adult Family Homes and other residential supports based on eligibility and available funding. <a href="http://www.dshs.wa.gov/ddd">www.dshs.wa.gov/ddd</a>	
<p><b>Adult Family Homes (AFH)</b> Licensed by the State. AFH provide room and board and assistance with personal care based on State assessment.</p> <p><b>Supported Living Services</b> DDA Residential Program, <i>eligibility criteria varies and funding is limited</i>. Provides instruction and support to persons living in their own homes within the community. Supports may vary from a few hours a month, to 24 hours a day. Clients pay for rent, food and other personal expenses. DDA contracts with private agencies to provide services.</p>	800-788-2053
<b>Everett Housing Authority</b> Provides rent subsidies and public housing in Everett and Snohomish County for persons who meet program eligibility requirements. Request a current list of subsidized/affordable housing. <a href="http://www.evha.org">www.evha.org</a>	425-258-9222
<b>Housing Authority of Snohomish County (HASCO)</b> Provides rent subsidies and public housing for persons who meet eligibility requirements and live in Snohomish County. Request a current list of subsidized and affordable housing. <a href="http://www.hasco.org">www.hasco.org</a>	425-290-8499
<b>Housing Hope</b> Supports families transitioning from emergency shelters, transitional housing, and permanent housing. Provides services to homeless, pregnant, and parenting teens. <a href="http://www.housinghope.org">www.housinghope.org</a>	425-347-6556
<b>Housing Search Northwest</b> A FREE service to list and find housing across the State of Washington. <a href="http://www.housingsearchnw.org/">http://www.housingsearchnw.org/</a>	877-428-8844
<b>Northwest Indian Housing Association (NWIHA)</b> Provides information and referral to affordable housing and financial resources for NW tribal members. <a href="http://www.nwiha.org">www.nwiha.org</a>	360-220-9212
<b>Partners4Housing</b> Collaborates with families to discover housing opportunities and resources. <a href="http://www.partners4housing.com">www.partners4housing.com</a>	206-383-4209

## In Home Support

<b>Canine Companions for Independence (CCI)</b> Provides highly trained assistance dogs and ongoing support to ensure quality partnerships. <a href="http://www.cci.org">www.cci.org</a>	800-572-2275
<b>Community Information Line</b> Provides information on emergency and transitional housing, homeless prevention, food banks and general resources.	211

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<b>Dispute Resolution Center</b> Provides informational and mediation services for tenant landlord disputes, fair housing information and counseling. <a href="http://www.voaww.org/drc">www.voaww.org/drc</a>	425-339-1335 800-280-4770
<b>Fair Housing Center of Washington</b> Assures equal access to housing, and related services and provides education, investigation, and enforcement of applicable laws.	253-274-9523 888-766-8800
<b>Home Care Quality Referral Registry of Washington State</b> A registry referral system to locate in-home caregivers. <a href="http://www.hcrr.wa.gov">www.hcrr.wa.gov</a>	800-970-5456
<b>Meals on Wheels</b> Delivers meals to your home.	425-347-1229
<b>Medicaid Personal Care Services</b> Provides in-home personal care to Medicaid eligible participants. <b>DDA</b> <b>HCS</b>	425-740-6400 425-339-4010
<b>Ramp Arts</b> Portable, temporary & permanent ramps. <a href="http://www.ramparts-nw.com">www.ramparts-nw.com</a>	206-440-9999
<b>Rampathon</b> Builds free wheelchair ramps for low-income homeowners with disabilities in King and Snohomish Counties. <a href="http://www.rampathon.org">www.rampathon.org</a>	425-451-7920
<b>Puget Sound Labor Agency</b> Provides access ramps allowing individuals to live in the home of their choice.	206-448-9277
<b>Volunteer Chore Service</b> Provides housework, yard work, laundry, and other home task assistance through a network of volunteers. <a href="http://www.ccsww.org">www.ccsww.org</a>	425-274-6347
<b>Washington's Basic Food Program</b> <a href="http://foodhelp.wa.gov">http://foodhelp.wa.gov</a>	877-501-2233

## Emergency Housing

<b>American Red Cross</b> Provides relief in disasters and prepares for emergencies.	425-252-4103
<b>Care Crisis Line (24-Hour)</b>	425-258-4357
<b>Cocoon House</b> Provides emergency shelter and critical services to homeless and at risk teens. <a href="http://www.cocoonhouse.org">www.cocoonhouse.org</a>	425-259-5802
<b>Domestic Violence Services</b> Provides free and confidential services, emergency shelter, legal advocacy, support groups and education. <a href="http://www.dvs-snoco.org">www.dvs-snoco.org</a>	24 Hr Crisis 425-252-2873 800-562-6025
<b>Everett Gospel Mission</b> Provides emergency shelter for men.	425-740-2500
<b>Friends of Youth</b> Provides housing to homeless teens ages 11 to 17.	24 Hr Crisis 206-236-5437 Main Office 425-869-6490
<b>Pathways for Women</b> Provides shelter, counseling services and employment readiness for homeless, single parent families.	425-774-9843
<b>Salvation Army</b> Provides emergency shelter and temporary financial assistance.	425-259-8129
<b>St. Vincent De Paul</b>	425-355-3504
<b>Volunteers of America (VOA)</b>	425-259-3191
<b>Women &amp; Children's Mission</b> Provides emergency shelter for women and children.	425-740-2501

# HOUSING & LIVING INFORMATION

## Home Ownership Resources

<b>Habitat for Humanity of Snohomish County</b> Sweat equity home construction for low-income families. <a href="http://www.habitatsnohomish.org">www.habitatsnohomish.org</a>	425-258-6289
<b>Home Choice Program</b> Provides down payment assistance to low to moderate income individuals with disabilities (or families which include individuals with disabilities) seeking to own a home. <a href="http://www.wshfc.org/buyers/homechoice.htm">www.wshfc.org/buyers/homechoice.htm</a>	206-464-7139 800-767-4663
<b>Home Sight First Time Homebuyer Program</b> Provides purchase assistance to first-time low income homebuyers. Provides homebuyer education and financial counseling as part of the program. <a href="http://www.homesightwa.org">www.homesightwa.org</a>	206-723-4355
<b>Housing Authority of Snohomish County (HASCO)</b> <a href="http://www.hasco.org">www.hasco.org</a>	425-290-8499
<b>Housing Hope Home Ownership Program</b> For first-time low income homebuyers. Homebuyers participate in the new construction of homes. Provides purchase assistance, homebuyer education and financial counseling. <a href="http://www.housinghope.org">www.housinghope.org</a>	425-347-6556
<b>Parkview Services</b> Provides purchase assistance, homebuyer education and financial counseling to first-time low income homebuyer. At least one person in household must have a disability. <a href="http://www.parkviewservices.org">www.parkviewservices.org</a>	206-542-6644
<b>Washington State Housing Finance Commission</b> A publicly accountable, self-supporting team, dedicated to increasing housing access and affordability and to expand the availability of quality community services. <a href="http://www.wshfc.org">http://www.wshfc.org</a>	206-464-7139 800-767-4663

## Home Maintenance

<b>Community Housing Improvement Program (CHIP)</b> Provides low interest and deferred loans for rehabilitating single family homes in the City of Everett. Rental renovation loans are also available.	425-257-8735
<b>Minor Home Repair</b> Provides health and safety related repairs that homeowners who are elderly or disabled are not able to perform due to lack of funds or inability to physically perform repairs themselves. <a href="http://www.sssc.org">www.sssc.org</a>	425-355-1112
<b>Rehab &amp; Repair</b> Provides low interest loans for housing rehabilitation to low-income single family homeowners. <a href="http://www.hasco.org">www.hasco.org</a>	425-290-8499
<b>Snohomish County Assessor</b> Provides a property tax deferral or exemption program for individuals or families who own a home and cannot afford the property taxes. <a href="http://www.snohomishcountywa.gov/175/Assessor">http://www.snohomishcountywa.gov/175/Assessor</a>	
<b>USDA Rural Development</b> Provides grants and low interest loans for health or safety related repairs. Available to rural, low income homeowners.	360-428-4322
<b>Weatherization Program</b> Year round, home energy conservation assistance.	425-388-7205

# INFORMATION/RESOURCE/REFERRAL

<b>Abuse Neglect</b> Investigates complaints of abuse, neglect or exploitation of vulnerable children and adults. Includes CPS and APS. If life threatening emergency, call 911.	866-ENDHARM 866-363-4276
<b>Access Washington</b> Search "disability". <a href="http://www.access.wa.gov">www.access.wa.gov</a>	
<b>Arc of Snohomish County</b> Provides information, education and support to individuals with developmental disabilities and their families. <a href="http://www.arcsno.org">www.arcsno.org</a>	425-258-2459
<b>Brain Injury Association of Washington</b> Provides information, referral services, educational materials, and presentations. <a href="http://www.braininjurywa.org">www.braininjurywa.org</a>	877-824-1766
<b>Care Crisis Line</b> (24-hour)	425-258-4357
<b>Center for Parent Information and Resources</b> Listing of statewide programs for families of children with special needs. <a href="http://www.parentcenterhub.org">www.parentcenterhub.org</a>	
<b>Community Information Line</b> Provides information on resources and services.	211
<b>Department of Social and Health Services for Washington State (DSHS)</b> Provides protection, comfort, food assistance, financial aid, medical care etc., to WA State children, families and vulnerable adults. <a href="http://www.dshs.wa.gov">www.dshs.wa.gov</a>	800-737-0617
<b>Developmental Disabilities Administration (DDA)</b> Serves individuals of <b>ALL AGES</b> using state and federal funds to provide or purchase support and services. Resources are limited and services may not always be available. <a href="http://www.dshs.wa.gov/dda">www.dshs.wa.gov/dda</a>	800-788-2053
<b>Domestic Violence Services</b> Provides free and confidential services: emergency shelter, legal advocacy, support groups and education. <a href="http://www.dvs-snoco.org">www.dvs-snoco.org</a>	425-252-2873 800-562-6025
<b>Federal Emergency Management Agency (FEMA)</b> Search "Special Needs" to get various emergency preparedness resources. <a href="http://www.fema.gov">www.fema.gov</a>	
<b>Home and Community Services (HCS/DSHS)</b> Provides screening and assessment for in home care or adult family home or assistive living for individuals 18+ years old.	425-339-4010
<b>Northwest ADA Center</b> Provides free confidential phone consultation and trainings regarding the Americans with Disabilities Act (ADA). <a href="http://www.nwadacenter.org">www.nwadacenter.org</a>	800-949-4232
<b>Office of Deaf and Hard of Hearing (ODHH)</b> Services for persons who are deaf, hard of hearing, deaf-blind, or hearing with a speech disabilities. <a href="http://www.dshs.wa.gov/odhh">www.dshs.wa.gov/odhh</a>	800-422-7930
<b>Providence Sexual Assault Center</b> 24 hour hotline.	425-252-4800
<b>Senior Services of Snohomish County</b> <a href="http://www.sssc.org">www.sssc.org</a>	425-355-1112
<b>Smart 911</b> A free service that allows citizens to create a Safety Profile for their household that includes any information they want 9-1-1 to have in the event of an emergency. <a href="http://www.smart911.com">www.smart911.com</a>	
<b>Snohomish County Developmental Disabilities (DD)</b> Provides a variety of supports and resources to individuals with developmental disabilities and their families. <a href="http://www.snohomishcountywa.gov/dd">www.snohomishcountywa.gov/dd</a>	425-388-7320
<b>Snohomish County Developmental Disabilities Advisory Board</b> Provides an open forum for community input on public policy. Meets on the fourth Tuesday of the month, 4:00PM-5:30PM in Everett.	425-388-7208
<b>Washington State Tribal Directory</b> <a href="http://www.goia.wa.gov">www.goia.wa.gov</a>	

# LEGAL

<b>CLEAR Hotline</b> Washington's toll-free, centralized intake, advice and referral service for low income people seeking free legal assistance with civil legal problems.	888-201-1014
<b>Columbia Legal Services</b> Protects and defends the legal and human rights of low income people. <a href="http://www.columbialegal.org/">http://www.columbialegal.org/</a>	800-260-6260
<b>DD Life Opportunities Trust</b> Enables individuals with DD and their families to open a low cost special needs trust to set aside money and build assets for the future without compromising the individual's eligibility for public services. <a href="http://www.ddlot.org">www.ddlot.org</a>	888-754-8798
<b>Disability Rights of Washington (DRW)</b> Legal services for disability rights violations, general information about legal rights, community education and training. <a href="http://www.disabilityrightswa.org">www.disabilityrightswa.org</a>	206-324-1521 800-562-2702
<b>Dispute Resolution Center</b> Provides landlord tenant dispute mediation.	425-339-1335
<b>Guardianship</b> At age 18, all adults assume legal responsibility for their actions. There are different types of guardianships and not everyone needs a full or limited guardian. To learn more check out the following resources:  <u><b>Disability Rights of Washington</b></u> Provides information on supported decision making, guardianship and protection of rights <a href="http://www.disabilityrightswa.org">www.disabilityrightswa.org</a>  <u><b>Informing Families</b></u> An informational website for families that contains a video podcast on guardianship. <a href="http://www.informingfamilies.org">www.informingfamilies.org</a>  <u><b>Mandatory Training for Guardians</b></u> This training is a new requirement for all guardians. <a href="http://www.courts.wa.gov/layguardiantraining">www.courts.wa.gov/layguardiantraining</a>  <u><b>Snohomish County Superior Court</b></u> Provides information about reporting and guardianship paperwork. Guardianship paperwork can be purchased or downloaded from: <a href="http://snohomishcountywa.gov/1424/Guardianships">http://snohomishcountywa.gov/1424/Guardianships</a>  <u><b>Arc of Snohomish County</b></u> Sponsors workshops and has guardianship packet of basic information and local resources. <a href="http://www.arcsno.org">www.arcsno.org</a>	800-562-2702
<b>Northwest Justice Project</b> Provides free civil legal assistance and representation to low-income people in situations affecting basic human needs. Free self-help materials available on website. <a href="http://www.nwjustice.org">www.nwjustice.org</a>	425-252-8515 888-201-1017
<b>Protection Order Programs</b> <a href="http://snohomishcountywa.gov/439/Protection-Orders">http://snohomishcountywa.gov/439/Protection-Orders</a>	425-388-3638
<b>Snohomish County Legal Services</b> Provides free legal aid program serving Snohomish County residents experiencing poverty. <a href="http://www.snocolegal.org">www.snocolegal.org</a>	425-258-9283
<b>Washington Law Help</b> Provides education, materials, tools and information for an array of legal issues, linking to programs and resources. Available in multiple languages. <a href="http://www.washingtonlawhelp.org">www.washingtonlawhelp.org</a>	

# RECREATION

## Recreational Opportunities

<b>AQUAEXCEL</b> Provides aquatic therapy, rehabilitation, adaptive swimming, and recreation opportunities for children and adults. <a href="http://www.aquaexcel.org">www.aquaexcel.org</a>	<b>360-969-9178</b>
<b>Boy Scouts Mount Baker Council</b> Helps develop leadership skills, new skills and provide community service. Mentoring from peers/adults. <a href="http://www.mountbakerbsa.org">www.mountbakerbsa.org</a>	<b>425-338-0380</b>
<b>Boys and Girls Clubs</b> Provides after school, summer and recreational opportunities for youth. <a href="http://www.bgsc.org">www.bgsc.org</a>	<b>425-259-5147</b>
<b>Campfire</b> Provides small group, outdoor education and camping programs for youth. <a href="http://www.campfireusasnohomish.org">www.campfireusasnohomish.org</a>	Snohomish County <b>425-258-5437</b>
<b>Coalition for Inclusive Communities</b> A group of individuals committed to promoting more inclusive recreation and leisure opportunities in Snohomish County.	<b>425-388-7320</b>
<b>Edmonds Parks and Recreation</b> Provides many opportunities to participate in a variety of recreation and leisure activities. (Services/Parks) <a href="http://www.edmondswa.gov">www.edmondswa.gov</a>	<b>425-771-0230</b>
<b>Everett Parks and Recreation</b> Provides many opportunities to participate in a variety of recreation and leisure activities. <a href="http://www.everettwa.org">www.everettwa.org</a>	<b>425-257-8300</b>
<b>Footloose Sailing Association</b> <a href="http://www.footloosesailing.org">www.footloosesailing.org</a>	<b>206-578-6735</b>
<b>Girl Scouts</b> Provides an opportunity for girls age 5 to 17 to build courage, confidence and character and make the world a better place. <a href="http://www.girlscoutswa.org">http://www.girlscoutswa.org</a>	<b>800-541-9852</b>
<b>Imagine Children's Museum</b> A fun filled accessible place for children (located in Everett). <a href="https://www.imaginecm.org/">https://www.imaginecm.org/</a>	<b>425-258-1006</b>
<b>Lynnwood Parks and Recreation</b> Provides many opportunities to participate in a variety of recreation and leisure activities.	<b>425-670-5732</b>
<b>Marysville Parks and Recreation</b> Provides many opportunities to participate in a variety of recreation and leisure activities. <a href="http://www.marysvillewa.gov">www.marysvillewa.gov</a>	<b>360-363-8400</b>
<b>Mountaineers</b> Outdoor recreational opportunities. <a href="http://www.mountaineers.org">www.mountaineers.org</a>	<b>206-521-6000</b>
<b>Mountlake Terrace Parks &amp; Recreation</b> Provides many opportunities to participate in a variety of recreation and leisure activities. <a href="http://www.cityofmlt.com">www.cityofmlt.com</a>	<b>425-776-9173</b>
<b>National Parks and Federation Lands Access Pass</b> <a href="https://www.nps.gov/planyourvisit/passes.htm">https://www.nps.gov/planyourvisit/passes.htm</a>	
<b>NW Special Artists</b> Supports Artists with disabilities by developing art programs, art exhibits, and art shows that promote disability awareness. <a href="http://www.nwspecialartists.com">www.nwspecialartists.com</a>	

# RECREATION

<b>Outdoors For All</b> Provides recreational programs including; cycling, fishing, hiking, river rafting, water and snow skiing, and in line skating.	<a href="http://www.outdoorsforall.org">www.outdoorsforall.org</a>	206-838-6030
<b>Big Brothers/Big Sisters</b> Connects children ages 6-14 from single parent families with a Big Brother or Big Sister.	<a href="http://www.bbbs-snoco.org">www.bbbs-snoco.org</a>	425-252-2227
<b>Redmond Parks and Recreation</b> Provides many opportunities to participate in a variety of recreation and leisure activities.	<a href="http://www.raprd.org">http://www.raprd.org</a>	425-548-7275
<b>Rising Stars Gymnastics</b> Provides gymnastics instruction to children of all ages and skill levels. Instructors ensure that each child enjoys learning gymnastics in a safe, fun, challenging, and positive environment.		360-653-7827
<b>Shoreline Parks &amp; Recreation</b> Provides many opportunities to participate in a variety of recreation and leisure activities.	<a href="http://cityofshoreline.com">http://cityofshoreline.com</a>	206-801-2600
<b>Sibshops</b> An opportunity for siblings, who have a brother /sister with a disability, to develop relationships, learn about resources & connect to other sibs.	<a href="http://www.arcsno.org">www.arcsno.org</a>	425-258-2459
<b>Snohomish County 4-H</b>	Search 4-H <a href="http://www.snohomishcountywa.gov/">www.snohomishcountywa.gov/</a>	
<b>Snohomish County Parks &amp; Recreation</b> Provides many opportunities to participate in a variety of recreation and leisure activities.	<a href="http://www.snohomishcountywa.gov/parks">www.snohomishcountywa.gov/parks</a>	425-388-6608
<b>Swimming Pools</b>	 <ul style="list-style-type: none"> <li>Edmonds Yost 425-775-2645</li> <li>Lynnwood Recreation Center 425-744-6440</li> <li>Mountlake Terrace Pool 425-776-9173</li> <li>Snohomish Aquatic Center 360-568-8030</li> </ul>	
<b>Village Theatre</b> Provides quality accessible, entertaining, educational musicals and non-musicals theatre for all ages.	<a href="http://www.villagetheatre.org/">http://www.villagetheatre.org/</a>	425-257-8600
<b>Washington State Directory of Summer Camps and Resource Guide for Children with Special Health Care Needs</b>	<a href="http://www.cshcn.org">www.cshcn.org</a>	206-987-3736
<b>Washington State Parks</b> Provides information about state parks and accessible outdoor recreation.	<a href="http://parks.state.wa.us">http://parks.state.wa.us</a>	360-902-8844 888-226-7688
<b>YMCA Casino Road Development Center</b> Everett		425-512-8050
<b>YMCA Youth Development Center</b> Marysville		360-651-1618
<b>YMCA of Snohomish County</b> Provides recreation and childcare for all ages. Activities are set up to be welcoming and inclusive. Reduced membership is available based on income. <a href="http://www.ymca-snoco.org">www.ymca-snoco.org</a>		<ul style="list-style-type: none"> <li>Everett 425-258-9211</li> <li>Marysville 360-653-9622</li> <li>Mukilteo 425-493-9622</li> <li>Southeast Everett 425-337-0123</li> <li>Monroe 360-805-1879</li> <li>Mill Creek 425-337-0123</li> <li>Stanwood 360-629-9622</li> </ul>

# TRANSPORTATION

<p><b>Access Mobility Systems</b> Sells and rents wheelchair accessible vans, scooters and power chairs. <a href="http://www.accessams.com/">http://www.accessams.com/</a></p>	<p>425-353-6563 800-854-4176</p>
<p><b>Amtrak</b> Call to determine location and accessibility of rail station. If requesting accessible bedroom accommodation, transfer seat or wheelchair space, reserve up to 15 days in advance. Student and disability discounts available. <a href="http://www.amtrak.com">www.amtrak.com</a></p>	<p>800-USA-RAIL TTY 800-523-6590</p>
<p><b>Bus Passes</b></p> <p><b>ORCA Card</b> Works like cash or a pass, automatically tracking the value of different fares and transfers. Accepted on Community Transit systems in Snohomish, King and Pierce County. (cannot be used on DART) <a href="http://www.orcacard.com">www.orcacard.com</a></p> <p><b>Regional Reduced Fare Permit (RRFP)</b> Provides reduced fare permits, passes and ticket books to ride fixed bus routes. For seniors and individuals with disabilities. A personal care attendant (PCA) can ride for free with a reduced-fare passenger; the PCA must get on and off with the reduced-fare passenger. The reduced-fare passenger must have an RRFP with "PCA" on the card.</p>	<p>888-988-6722</p> <p>Community Transit 425-348-2350 Everett Transit 425-257-7777</p>
<p><b>Community Transit</b> Provides local routes, commuter routes, Swift Bus, Rapid Transit and vanpools in Snohomish County. Free presentations and rides are available upon request.</p> <p>The <b>Travel Instruction Program</b> is a free program individualized to teach the basic skills necessary to successfully ride Community Transit's regular route system. Training is tailored to meet individual needs. <a href="http://www.communitytransit.org">www.communitytransit.org</a></p>	<p>425-353-7433 800-562-1375</p>
<p><b>Dial-A-Ride Transportation (DART)</b> Provides door to door transportation to the elderly/disabled who are unable to use regular bus services in Snohomish County. Must be ADA para transit eligible. Call to make reservations. <a href="http://www.dialaride.org">www.dialaride.org</a></p>	<p>425-347-5912 800-562-1381</p>
<p><b>Disabled Parking Permits</b> Parking permits available through the Department of Licensing. <a href="http://www.dol.wa.gov">www.dol.wa.gov</a></p>	<p>360-902-3770</p>
<p><b>Everett Transit</b> Provides fixed route bus transportation within Everett city limits.</p> <p><b>Everett Para Transit</b> Provides door-to-door transportation within Everett city limits. Must be ADA Para transit eligible. Call to make reservations. <a href="http://www.everetttransit.org">www.everetttransit.org</a></p>	<p>Everett Transit 425-257-7777 Para Transit 425-257-8801</p>
<p><b>Find A Ride</b> An interactive, internet based resource to assist riders in locating transportation options in Snohomish, King and Pierce Counties. <a href="http://www.findaride.org">www.findaride.org</a></p>	
<p><b>Greyhound Bus</b> Provides bus service throughout the United States. Call in advance to request an accessible bus. <a href="http://www.greyhound.com">www.greyhound.com</a></p>	<p>800-231-2222</p>
<p><b>HopeLink</b> Coordinates medical transport for Medicaid patients. <a href="https://www.hopelink.org/need-help">https://www.hopelink.org/need-help</a></p>	<p>Before day of trips 800-923-7433 Same day trips 800-595-2172</p>
<p><b>Island Transit and Para Transit</b> Provides bus service on Camano and Whidbey Islands with Washington State Ferry Connections. <a href="http://www.islandtransit.org">www.islandtransit.org</a></p>	<p>360-678-7771</p>

# TRANSPORTATION

<b>King County Metro</b> Fixed routes throughout King County. Also provides door to door transportation. Call to make reservations. <a href="http://metro.kingcounty.gov">http://metro.kingcounty.gov</a>	206-553-3000
<b>Mercy Transportation</b> Mercy Transportation provides supported mobility transportation throughout all of Western Washington.	Everett 425-347-4700 877-916-3729
<b>Northwestern Trailways</b> A bus line with terminals in Everett. Call in advance to request an accessible bus. <a href="http://www.northwesterntrailways.com">www.northwesterntrailways.com</a>	800-366-3830
<b>Para Transit Services</b> Arranges accessible bus, taxi, or van transportation to medical appointments and hospital emergency rooms. Reimburses mileage for Medicaid recipients who are unable to obtain medical services by any other means.	360-377-7007
<b>Rebels by Bus</b> Blog of bus travel around the Puget Sound. <a href="http://www.rebels-by-bus.net/">http://www.rebels-by-bus.net/</a>	
<b>Snohomish County Public Works</b> To learn about roadway projects that may affect you go to: Search Roads Central <a href="http://www.snohomishcountywa.gov">www.snohomishcountywa.gov</a>	Road Maintenance 425-388-7500
<b>SNOTRAC</b> Provides educational awareness of transportation options available for individuals with special needs. Includes Pay Your Pal, Ride around the Sound and the Travel Ambassador Program. <a href="http://www.sssc.org/transportation/snotrac">http://www.sssc.org/transportation/snotrac</a>	425-265-2226
<b>Sound Transit</b> Express buses operate throughout King, Snohomish, and Pierce Counties. <a href="http://www.soundtransit.org">www.soundtransit.org</a>	888-889-6368
<b>Stillaquamish Tribe Transit Services</b> Provides Demand-Response transportation services to native and non-native individuals in northern Snohomish County. Schedule in advance. <a href="http://www.stillaguamish.com/">http://www.stillaguamish.com/</a>	360-652-7362
<b>Transportation Assistance Program (TAP)</b> For older adults and individuals with disabilities. Coordinates transportation in rural areas not served by Community Transit's DART Para Transit. Connects individuals with DART, vanpool or fixed route service. <a href="http://www.sssc.org/transportation">http://www.sssc.org/transportation</a>	425-423-8517
<b>Transportation Needs Hotline</b> Provides transportation information and referrals.	211 800-223-8145
<b>Tulalip Transit</b> Provides rural transportation from designated stops. <a href="http://www.tulaliptribes-nsn.gov/Home/Community/TulalipTransit.aspx">http://www.tulaliptribes-nsn.gov/Home/Community/TulalipTransit.aspx</a>	800-869-8287
<b>Vanpool/Carpool Services</b> Vans are leased to passengers who are going to the same place on a regular basis. Vanpools can help people with disabilities and seniors travel to work, school or regularly scheduled activities. <a href="http://www.rideshareonline.com">www.rideshareonline.com</a>	888-814-1300
<b>Washington State Ferries</b> <a href="http://www.wsdot.wa.gov/ferries">www.wsdot.wa.gov/ferries</a>	888-808-7977
<b>Wheelchair Accessible Services</b>	Mercy Transportation Medi Ride 425-347-4700 425-870-5195

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UPDATES AND ADDITIONAL RESOURCES CAN BE FOUND AT:

[www.snohomishcountywa.gov/dd](http://www.snohomishcountywa.gov/dd)

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